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polyphenols in prevention and treatment of human disease second edition authoritatively covers evidence of the powerful health benefits of polyphenols touching on cardiovascular disease cancer obesity diabetes and

osteoporosis this collection represents the contributions of an international group of experts in polyphenol research who share their expertise in endocrinology public health cardiology pharmacology agriculture and veterinary science researchers from diverse backgrounds will gain insight into how clinical observations and practices can feed back into the research cycle thus allowing them to develop more targeted insights into the mechanisms of disease this reference fills a void in research where nutritionists and alternative therapies may be applicable describes polyphenol modulation of blood flow and oxygenation as a potential mechanism of protection against vascular atherosclerosis describes how polyphenols and antioxidants frequently change immune defenses and actions focuses on the most important areas of research and provides insights into their relationships and translational opportunities

first we were told we all needed to have hrt to remain interesting for our husbands then we were told it was going to give us cancer and put us in an early grave next we were told hrt was safe and we had to take it or we d all end up with crippling brain fog quitting our jobs and descending into dementia as the economy collapsed around us on the other side of the fence are those who argue that menopause is natural it doesn t need treating and a cold water swim could fix everything no wonder we re more confused than ever why has this happened what does the evidence say menowars explains why menopause is such a political hot potato taking into account the history of gender bias in health and health research the void and how it s filled and what the evidence actually says it answers questions like will hrt prevent dementia what you can do help your brain will hrt prevent heart disease what you can do to help your heart and much more menowars explains the silent changes you can t see and which need to be sorted and why importantly it not only shows why we re arguing it outlines where the science is heading so we can live longer better healthier lives in perimenopause and throughout the decades we spend in post menopause

this text offers an authoritative account of general medical and surgical conditions as they apply to the practice of dentistry and oral healthcare now established as the standard reference on the subject medical problems in dentistry is essential for students learning for the first time or practitioners needing to keep up to date with their knowledge detailed coverage outlines the complete relevance of systemic diseases and their treatment to dentistry

essential knowledge for the whole dental team user friendly format allows ease of access to information whether for exam revision purposes or for a specific issue confronting staff in a busy clinical environment clearly written with excellent use of illustrations the book is an essential easy to use reliable source of information includes an array of new disorders ranging from hypersensitivity syndrome to neuropathic pain discusses recent updates in pharmacology and other aspects of medical intervention including the use of biological therapies explores new areas such as cosmetic and other implants dental materials hypersensitivity drugs and dietary interactions and new aspects of alternative medicine other issues include elder maltreatment care of vulnerable people treatment of sexual minorities new substance abuse and self harm explores the link between periodontal infection and various systemic diseases new national and international guidelines selected recent references and up to date websites

an in depth guide for parents as they struggle to make informed decisions about vaccines for their children in unavoidably unsafe dr edward geehr and dr jeffrey barke confront the prevailing beliefs surrounding childhood vaccines with unflinching scrutiny and bold insight as seasoned physicians they acknowledge the revered status vaccines hold in modern medicine while bravely questioning their safety and efficacy from the historical triumphs of polio eradication to the complexities of modern immunization schedules geehr and barke unravel the layers of vaccine development and regulation they shed light on the unintended consequences of vaccine mandates and the erosion of informed consent in the face of mounting pharmaceutical influence drawing on decades of clinical experience and exhaustive research the authors challenge conventional wisdom by addressing critical issues such as the proliferation of childhood vaccines and their impact on public health the national childhood vaccine injury act and its implications for vaccine safety the symbiotic relationship between pharmaceutical companies and regulatory agencies the shortcomings of emergency use authorization and its implications for vaccine safety the presence of potentially harmful additives in vaccine formulations a fresh look at possible links between vaccines and autism cautionary considerations regarding mrna vaccines and their suitability for children practical guidance for evaluating the risks and benefits of vaccines for individual children the significance of proper informed consent and patient advocacy in vaccination decisions unavoidably unsafe is not an indictment of vaccines but a call to arms for informed decision making and transparency in healthcare geehr and barke aim to empower parents guardians and healthcare providers with the knowledge needed to navigate the complex landscape of childhood

immunization responsibly in a rapidly evolving medical landscape where uncertainties abound unavoidably unsafe serves as a beacon of clarity and integrity reaffirming the importance of critical thinking and patient centered care in safeguarding the health and well being of future generations

this edited book covers the history basics principles and fundamentals of cataract surgery as well as advice on managing challenging cases it includes various up to date information on topics such as phacoemulsification innovations in phacoemulsification femtosecond laser assisted cataract surgery small incision cataract surgery microscope intraocular lens intraocular lens power calculation ophthalmic viscoelastic device mass rural cataract surgery etc tips on dealing with complex cases such as small pupils glaucoma cataracts cataracts with any retinal problems cataracts with uveitis cataracts in paediatric patients cataracts with any corneal problems and post refractive surgery how to combat astigmatism are also discussed the book includes instructive illustrations figures and tables to aid the reader s understanding innovation in cataract surgery is a comprehensive book for ophthalmologists ophthalmic surgeons ophthalmic residents medical students and researchers in the field of ophthalmology ophthalmic nurses optometrists and opticians will also find this book informative edited by renowned surgeons and with chapters written by pioneering authors the book will help readers gain a better understanding of how innovation has shaped current and future cataract surgery

unavoidably unsafe for adults critically examines the safety effectiveness and regulatory oversight of adult vaccines empowering readers to make informed decisions about their health in an era of rising skepticism and urgent questions about vaccine safety unavoidably unsafe for adults delivers a bold physician led examination of the risks and benefits of adult immunization drawing on decades of clinical experience and the latest research drs edward geehr and jeffrey barke scrutinize the rapid expansion of adult vaccine recommendations the impact of emergency authorizations and the growing disconnect between public health messaging and patient concerns with the national spotlight on vaccine safety from covid 19 mrna shots to new rsv and influenza vaccines geehr and barke guide readers through the complex landscape of federal policy regulatory shortcuts and the pressures faced by both patients and providers they reveal how legislative acts and regulatory changes have shifted the balance of power toward pharmaceutical interests often at the expense of true informed consent this essential guide empowers

adults and caregivers to ask the right questions understand the science and make vaccination decisions with confidence unavoidably unsafe for adults is an urgent call for transparency critical thinking and patient centered care in a rapidly evolving medical world

the only gynecology resource that combines a full color text and a procedural atlas revised and updated part medical text part surgical atlas williams gynecology is written by the renowned team of ob gyn clinicians at dallas parkland hospital who are responsible for the landmark williams obstetrics the new edition of williams gynecology maintains the consistent tone leading edge clinical insights and quality illustrations of the successful first edition while expanding and refreshing its content to keep pace with the most recent developments in this dynamic field the many important topics covered in williams gynecology are evidence based yet the book is specifically designed as a practical quick reference guide aided throughout by helpful teaching points reflecting the latest clinical perspectives and research the second edition features outstanding new coverage of minimally invasive procedures robotics and gynecologic anatomy features two resources in one full color medical text and surgical atlas conveniently surveys the entire spectrum of gynecologic disease including general gynecology reproductive endocrinology and infertility urogynecology and gynecologic oncology atlas of gynecologic surgery contains 450 figures that illustrate operative techniques unique consistent text design for an efficient approach to diagnosis and treatment strong procedure orientation covers a vast array of surgical operations which are illustrated in detail evidence based discussion of disease evaluation reinforces and supports the clinical relevance of the book s diagnostic and treatment methods distinguished authorship from the same parkland hospital based team which edited williams obstetrics the leading reference in obstetrics for more than a century newly illustrated gynecologic anatomy chapter created with the surgeon in mind to emphasize critical anatomy for successful surgery new coverage of minimally invasive procedures and robotics the latest procedures in gynecologic oncology and in vitro fertilization numerous illustrations photographs tables and treatment algorithms

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