# Coco 4

Genevi ? ve PloquiDisney, Patricia B. Soliman

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african knowledge is yet to fully contribute to spaces of learning because of the disciplinary boundaries founded on western separatist logic from an african epistemology knowledge is interconnected because of the cosmological understanding that the universe is one entity bringing african knowledge into the academy requires a concerted effort to bring it of its own accord there have been commendable efforts by scholars in south africa to bring african knowledge to higher education in ways that do not alter or re shape this knowledge to suit the dominant euro american script this book aims to showcase such efforts this book makes interconnections of themes across disciplines the content produced in this book will ensure that literature will anchor the noble efforts to build african universities that deliberately centre african ways of knowing this book will be among the few publications that focus on africanisation and decolonisation of knowledges as praxis we anticipate that this book will be recommended in various disciplines of social sciences in south african universities

this scholarly book provides an in depth analysis of self directed learning sdl within contexts of curriculum praxis and scholarship the book presents original research from multiple authors which provides diverse perspectives and methodologies for enhancing understanding of sdl it primarily focuses on incorporating sdl into curriculum development and emphasises the significance of scholarly research in designing effective curricula the book explores the integration of technology in learning and adapts instructional strategies to meet the evolving demands of higher education and school environments inspired

by constructivism socio constructivism and context based learning theories the text presents practical strategies for educators key topics include the implications of artificial intelligence strategies for reducing procrastination fostering sdl in homeschooling enhancing sdl attributes preparing teachers for self direction facilitating curriculum transformation and incorporating indigenous knowledge the book also covers teaching climate change education and integrating educational robotics self directed learning curriculum implementation praxis and scholarship in context is invaluable for scholars and researchers in education providing empirical findings and practical insights to inspire further research it aims to equip learners with 21st century skills preparing them for the challenges of the fourth industrial revolution

as organisations continue to invest capital heavily in information technology it effective corporate governance of it normally termed it governance is critical to ensuring that it spending leads to the fulfilment of organisational goals and the delivery of expected value these changes in the business and it operating environment require new and improved it governance practices for implementation the objective of this book is to determine it governance drivers it governance practices and its inhibitors in private and public health care in south africa in this book exploratory mixed methods with important it and business decision makers in the form of semi structured interviews and an online survey questionnaires are used the book makes original contributions to the it governance and health care literature

digital inequality in a developing context a multifaceted approach critically explores the complex and persistent nature of the digital divide in south africa addressing a notable gap in existing scholarship drawing on secondary data the book examines how digital inequalities manifest across key sectors such as education healthcare and agriculture sectors vital to national development and individual well being these disparities are shaped by intersecting socio economic technical and geographical factors particularly the urban rural divide the volume underscores the importance of infrastructure development digital literacy affordability and equitable access as central to bridging the digital gap it argues that without targeted and sustained interventions in these areas digital inequality will continue to hinder socio economic progress and deepen existing structural inequalities this scholarly book offers fresh perspectives and practical insights for researchers policymakers and practitioners seeking to advance digital inclusion in developing contexts

the research question of this book reads can south africans amidst all the contemporary distrust in political leadership and moral decay find a moral compass that could lead them to a humane society of mutual trust respect for each other a flourishing life and a bright future for future generations this book presents new perspectives on the psychopathology created by colonisation the failures of the post 1994 dispensation regarding reconciliation transformation justice distorted family life violence unity in diversity as well as moral leadership and agency and indifference to a future of hope it proposes a new moral compass that can lead south africa out of the abyss

in 1982 it was discovered that the vast majority of stomach ulcers are caused by h pylori nasty little bacteria found in the gut in spite of the evidence it took the u s medical community ten years to accept this finding and change their treatment of ulcers in 2015 scientists have come to an equally startling conclusion an imbalance in the bacterial community of your stomach can cause not only ulcers but also a host of other serious and painful disorders from allergies to diabetes to osteoporosis now best selling health author martie whittekin has written the probiotic cure a guide to overcoming many of our most common health issues the probiotic cure is divided into two parts part one is designed to explain what our internal flora is and how it works in our gut it examines what comprises this living community specifically focusing on the natural balance of bad and good bacteria it details how this community can become unbalanced from a poor diet a toxic environment or a number of medications causing negative consequences for your health it then goes on to explain how balance can be restored safely and effectively by using probiotics good bacteria that are readily available in supplement form part two provides a listing of the most common health disorders that may arise from a bacterial imbalance each entry includes a look at conventional treatments for the disorder along with the probiotics approach practical suggestions and points to consider are offered so that you can make the best decision possible for your well being hopefully it will not take another ten years for the medical community to recognize the power of probiotics but with this book in hand you can benefit today from groundbreaking research the probiotic cureprovides a safe natural and wonderfully effective alternative approach to treating many of the

### major health problems of our time

covid 19 was first identified in wuhan city in december 2019 and spread throughout hubei province and other parts of china after causing significant morbidity and mortality in china by february 2020 it had spread to numerous other countries infecting millions of people and causing a large number of deaths across the world the covid 19 pandemic put a burden on almost all areas of the world including healthcare systems education industry travel etc the pandemic revealed the vulnerability of the world s healthcare systems and affected healthcare personnel significantly the virus is able to attack not only the respiratory tract but almost all the organs including the brain impacts on gut biota have also been noticed the virus has caused both morbidity and mortality in humans without any geographical cultural or religious barriers the emergence of new variants due to mutations in the virus has aggravated the problem while the delta variant brought a second wave and killed a large number of people due to various factors such as lowering of saturated oxygen in blood and other physiological emergencies the omicron variant proved to be less lethal though the pandemic has subsided the emergence of the subvariants bat and baz and now their hybrids has started to increase the number of cases at exponential levels and has forced new lockdown measures in places such as china as the conditions laid down to combat the pandemic have been relaxed the virus may reach other countries and cause additional countries to resort to lockdown again covid 19 became the focus of the scientific community with the aim of developing new drugs repurposing available drugs to be used against the virus and developing a series of vaccines in a short time the mild effect of omicron might have been due to the extensive vaccination programmes carried out in various countries however there is genuine fear that newly emerging variants may evade the immune system and cause damage to the body this book highlights the impact of covid 19 on science industr

for far too long bipoc and neurodivergent folks have been inundated by a stream of content which negatively impacts us the creators of screen based content have mastered a formula of compulsory behaviors attributable to maintaining and shaping the minds of marginalized populations making billions upon billions by creating content which is difficult to step away from and limit for many furthermore the beliefs and ideals affecting our sense of self the way we identify how we could and should function in the world can be difficult to unpack digital jim crow offers an evidence based trauma informed examination of our screen saturated world it blends neuroscience public health and social justice to investigate how bipoc and neurodivergent communities are uniquely harmed by visual media that perpetuates escapism systemic bias and dopamine driven overstimulation it also provides accessible tools for self regulation harm reduction and digital wellness grounded in therapeutic modalities such as dbt emdr and mindfulness this book will appeal to adult readers seeking to break unhealthy screen habits parents hoping to support their children and anyone looking to heal from the psychological and spiritual consequences of our digital environment it stands apart from other media criticism texts by offering both a social justice lens and practical healing strategies readers of dopamine nation the chaos machine and digital madness will find new insights here especially those who haven t seen themselves reflected in the authorship of similar titles

all the main concepts from the landmark pharmacotherapy a pathophysiologic approach distilled down to a concise clinically focused full color resource providing a solid evidence based approach pharmacotherapy principles practice sixth edition explains how to design implement monitor and evaluate medication therapy you ll gain an in depth understanding of the underlying principles of the pharmacotherapy of disease and their practical application pharmacotherapy principles practice includes chapters on geriatrics pediatrics and palliative care each of the subsequent disease based chapters covers disease epidemiology etiology pathophysiology clinical presentation and diagnosis nonpharmacologic therapy followed by therapeutic recommendations for medication selection desired outcomes dosing and patient monitoring features chapters are written reviewed by pharmacists nps pas and physicians considered authorities in their fields learning objectives with associated content identified with a margin rule

disorder based organization makes finding answers quick and easy surveys the full range of organ system disorders treated in pharmacy practice knowledge building boxed features within chapters cover clinical presentation diagnosis patient encounters and patient care and monitoring guidelines standardized chapter format laboratory values are presented in conventional and system international units key concepts are indicated in text with numbered icons content on cultural competency glossary online learning center

publisher s note products purchased from third party sellers are not guaranteed by the publisher for quality authenticity or access to any online entitlements included with the product the unique orientation to pharmacotherapy found in the landmark pharmacotherapy a pathophysiologic approach distilled to a concise clinically focused full color resource pharmacotherapy principles practice fifth edition uses a solid evidence based approach to teach readers how to design implement monitor and evaluate medication therapy this trusted text provides everything readers need to gain an in depth understanding of the underlying principles of the pharmacotherapy of disease and their practical application in order to be as clinically relevant as possible the disease states and treatments discussed focus on disorders most often seen in clinical practice and laboratory values are expressed as both conventional units and si units importantly all chapters were written or reviewed by pharmacists nurse practitioners physician assistants and physicians widely recognized as authorities in their fields the fifth edition begins with an insightful introductory chapter followed by chapters on geriatrics pediatrics and palliative care each of the subsequent 98 disease based chapters cover disease epidemiology etiology pathophysiology clinical presentation and diagnosis nonpharmacologic therapy followed by therapeutic recommendations for medication selection desired outcomes dosing and patient monitoring features the acclaimed patient encounter cases sharpen critical thinking skills and lend clinical relevance to scientific principles chapter opening structured learning objectives enable you to rapidly locate related content icon identified key concepts highlight the disease patient assessment and treatment a newly designed patient care process section models the joint commission of pharmacy practitioners jcpp pharmacists patient care process up to date literature citations support treatment recommendations tables figures algorithms and

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