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a trusted classic for over 50 years krause s food and the nutrition care process 14th edition presents the most cutting edge and up to date dietetics content available in this ever changing field nicknamed the nutrition bible students and practitioners alike turn to its current comprehensive content engaging pedagogy and design and logical presentation of information this new edition includes the 2015 dietary guidelines for americans more visuals and highlighted clinical case studies clinical insights and clinical applications boxes that help translate scientific knowledge into practical patient care written by nearly 50 nationally recognized writers researchers and practitioners it covers nutrition assessment and intervention the nutritional needs of individuals in different stages of the life cycle nutrition for health and fitness and medical nutrition therapy authored by clinical specialists ensuring in depth coverage with many practical and evidence based recommendations sample nutrition diagnosis boxes present a problem its etiology and its signs and symptoms before concluding with a sample nutrition diagnosis providing both students and practitioners with real life scenarios they may encounter in practice unique pathophysiology algorithms present the cause pathophysiology and medical nutrition management for a variety of disorders and conditions to help you provide optimal nutritional care chapters on nutrition in each of the life cycle phases include nutrition in pregnancy and lactation nutrition in infancy nutrition in childhood nutrition in adolescence nutrition in the adult years nutrition in aging focus on boxes provide thought provoking information on key concepts for well rounded study and further discussion within the classroom new directions boxes point you toward additional research on emerging areas in nutrition therapy clinical insight boxes expand on clinical information highlight areas that may go unnoticed and contain clinical resources for students and practitioners chapters on the nutritional care of the low birth

weight and premature infant feature information on how to support their health growth and development useful websites direct you to online resources that relate to chapter topics key terms are defined at the beginning of each chapter and bolded within the text where they are discussed in more detail

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texto de referencia en el campo de la nutrición y dietética desde hace más de medio siglo con la colaboración de numerosos expertos de reconocido prestigio internacional en este campo en las áreas docente de investigación y de la práctica clí nica la obra se organiza en cinco partes ofrece información sobre la evaluación de la nutrición y la intervención antes de profundizar en las necesidades nutricionales de las personas en sus diferentes ciclos de vida nutrición para la salud y nutrición para las personas que presentan diferentes enfermedades y condiciones cuenta con elementos pedagógicos como casos clínicos variedad de tablas y recuadros con información condensada de muy fácil consulta también apéndices que sirven como referencia en la práctica profesional la presente edición incorpora numerosas novedades como las guías alimentarias 2015 de acuerdo con la asociación americana de nutrición normas de cuidados en aquellos capítulos que corresponda se pueden calcular las necesidades parenterales y la nutrición enteral en el capítulo de alimentos y nutrientes métodos de apoyo nutricional se amplía el capítulo 41 con información relevante respecto a las enfermedades psiquiátricas especialmente de parkinson y alzheimer e incluye un nuevo capítulo sobre inflamación y la fisiopatología de las enfermedades crónicas así como un nuevo apéndice en la dieta anti inflamatorio tratado clásico apodado la bilbia de la nutrición que presenta los contenidos más relevantes y novedosos en el siempre ámbito de la nutrición novedades de esta edición es el contenido más actualizado quías para calcular las necesidades en nutrición parenteral y enteral recomendación de asistencia nutricional Últimas recomendaciones de nih cuadros de casos clínicos y aplciaciones apéndice de dieta antiinflamatoria cuadros sobre la nutrición y la affordabel care act los bancos de leche materna y la ley sobre etiquetado en máquinas expendedoras nuevo material gráfico y contenidos ampliados y actualizados sobre la enfermedad de parkinson y alzheimer casi 50 autores investigadores y profesionales de prestigio escriben sobre la valoración y la intervención nutricionales las necesidades nutricionales de los individuos a lo largo de su ciclo vital la nutrición para la salud y el bienestar y el tratamiento nutricional médico tanto estudiantes como profesionales valoran su contenido actualizado y completo su enfoque pedagógico y atractivo diseño y su presentación sistemática de la información

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