Challenges Of The Third Age Meaning And Purpose In Later Life

Intimacy in Later LifeEBOOK: Mental Health And Well Being In Later LifeFinancial Capability and Asset Holding in Later LifeSocial Exclusion in Later LifeMacro Social Influences on Loneliness in Later LifeChallenges of the Third AgeStress and Coping in Later-life FamiliesPrecarity and AgeingThe Later LifeLearning in Later LifeGolden Years? Love in Later Life for WomenIn Later YearsSoul PainGray MattersSocial Capital as a Health Resource in Later Life: The Relevance of ContextLove Stories of Later LifeThe Life of Charles LambThe Living AgeThe Sunday at Home Kate M. Davidson Mima Cattan Nancy Morrow-Howell Kieran Walsh Marja Aartsen Robert Stuart Weiss Mary Ann Parris Stephens Amanda Grenier Louis Couperus Peter Jarvis Deborah Carr P. Santos David Bruce T. Marshall Helen K. Black Ellyn Lem Fredrica Nyqvist Amanda Smith Barusch Edward Verrall Lucas

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to love and be loved is arguably one of the most powerfuland fundamental driving forces sustaining self esteem and self identity throughout the lifecourse need for reciprocal loving does not change as we grow older despite failures of health loss of a partner late divorce and alterations of personality due to the aging process however most studies of human sexuality have ignored the problems and developing patterns ofolder adults entering into new partnerships to fill this gap intimacy inlater life brings together a wide range of distinguished internationalscholars to address this neglected research area thisvolume explores how older people today think and behave in relation to partner change contributors consider the choices and constraints that influence decisions about new romanticrelationships after divorce or the death of a spouse along with how these differ with respectto age gender and culture the authors discuss the considerable social variety to be foundbetween permissive and morally conservative societies and cultural milieux as well as how standards of sexual behavior have changed over time contributions include katedavidson and graham fennell new intimate relationships in later life sofieghaanfareeon karlsson and klas borell intimacy and autonomy gender and ageing living apart together deborah carr and rebecca ut late life widowhood inthe united states new directions in research and theory nan stevens re engaging new partnerships in late life widowhood kate davidson gender differences in new partnership choices and constraints for older widows andwidowers jenny de jong gierveld the dilemma of repartnering considerations of older men and women entering new intimate relationships in laterlife deborah k van den hoonaard

attitudes of older widows and widowers innew brunswick canada towards new partnerships aldine j moore and dorothy c stratton the current woman in an older widower s life and kalyani k mehta perceptions of remarriage by widowed people insingapore kate davidson is lecturer in thedepartment of sociology university of surrey uk and is co director of the centre for researchon ageing and gender graham fennell is professor of sociology and social policy in the school of business and social sciences roehampton university of surrey uk and european editor of ageing international

this book s main contribution is to say to us all there is no single solution no magic bullet no instant cure for the discomforts and illnesses of older age and that not all ageing is comfortable but it also tells us that it is in our control to do something about much of this that older people s mental well being could be vastly improved and that public policy and private attitudes need to change i hope that it is as influential as it deserves to be taken from the foreword by baroness julia neuberger former chief executive of the king s fund and author of not dead yet mental health issues amongst older adults are becoming ever more prevalent this fascinating book looks broadly at the mental health and well being issues that affect adults in later life taking a holistic approach to mental health and mental health promotion the book explores the debates around what is meant by mental health and mental illness and the wider social determinants of mental health all chapters have a common thread running through them each of which was identified as being a key theme for mental health and well being by adults in later life among them are issues relating to gender ethnicity societal diversity poverty class cultural differences a range of examples from the uk and other countries along with insights gained from older people s own perspectives are used to emphasise the evidence base for effective interventions to promote mental health case studies vignettes and quotes demonstrate how social theory and principles of health promotion can be effectively applied to improve practice mental health and well being in later life is key reading for those working or intending to work in public health health promotion and health and social care professions especially those who work with older people

in financial capability and asset holding in later life a life course perspective the concept of financial capability is used to underscore the importance of acquiring knowledge and skills while addressing policies and services than can build financial security

drawing on interdisciplinary cross national perspectives this open access book contributes to the development of a coherent scientific discourse on social exclusion of older people the book considers five domains of exclusion services economic social relations civic and socio cultural and community and spatial domains with three chapters dedicated to analysing different dimensions of each exclusion domain the book also examines the interrelationships between different forms of exclusion and how outcomes and processes of different kinds of exclusion can be related to one another in doing so major cross cutting themes such as rights and identity inclusive service infrastructures and displacement of marginalised older adult groups are considered finally in a series of chapters written by international policy stakeholders and policy researchers the book analyses key policies relevant to social exclusion and older people including debates linked to sustainable development eu policy and social rights welfare and pensions systems and planning and development the book s approach helps to illuminate the comprehensive multidimensionality of social exclusion and provides insight into the relative nature of disadvantage in later life with 77 contributors working across 28 nations the book presents a forward looking research agenda for social exclusion amongst older people and will be an important resource for students researchers and policy stakeholders working on ageing

this open access book explores the macro social influences on loneliness in later life emphasizing how societal structures cultural contexts and broader social transformations shape the experience of loneliness dedicated to the social construction of loneliness and the notable heterogeneity in its prevalence across european countries this volume brings together a distinguished selection of experts who share their latest insights on meso and macro level influences cultural and structural theories and the impact of digitalization climate change and societal crises divided into five parts the book addresses key aspects of this complex issue the first part introduces the central themes outlining the relevance of loneliness as a societal concern and discussing the limitations of existing research which predominantly focuses on individual level factors it highlights the need for a multi level approach that incorporates micro meso and macro perspectives to fully understand the contextual influences on loneliness the second part delves into theoretical perspectives offering a comprehensive framework for understanding loneliness at different levels it examines the interplay between individual relational and societal factors while also exploring cultural and social exclusion perspectives that shed light on how loneliness manifests across different contexts the third part presents empirical evidence focusing on variations in loneliness across different social groups and regions in europe it synthesizes research on micro and meso level determinants while also providing a review of macro level influences this part highlights the role of welfare regimes demographic trends and broader societal conditions in shaping the prevalence and experience of loneliness the fourth part explores recent societal developments that may influence loneliness including digitalization migration climate change and societal crises these emerging topics illustrate how macro level transformations can either alleviate or exacerbate loneliness depending on how they interact with existing social structures and individual circumstances the final part discusses methodological advancements and policy implications it introduces an innovative approach to analyzing macro social influences on loneliness and revisits the loneliness paradox in light of new findings the book concludes with policy recommendations and future research directions emphasizing the need for a holistic approach that integrates individual relational and societal dimensions to develop more effective interventions against loneliness in sum by adopting a macro social lens this book contributes to a deeper understanding of the societal cultural and policy related determinants of loneliness it offers a foundation for evidence based interventions that go beyond individual level solutions recognizing loneliness as a socially embedded phenomenon shaped by broader societal forces it is our hope and expectation that the book and its content will fundamentally change our understanding of loneliness and strategies to combat it

this volume addresses the issues of the third age that time after retirement when financial stability and reduced obligations to others together allow for freedom and good health makes it possible to enjoy that freedom how in this special time of life is meaning and purpose to be found and what alternatives are available these difficult questions are responded to by scholars in the field of aging some themselves in the third age

first published in 1990 routledge is an imprint of taylor francis an informa company

this edited collection develops an exciting new approach to understanding the changing cultural economic and social circumstances facing different groups of older people

an analysis of learning throughout the whole of life written as a text for both educators and carers it demonstrates how the learning process works through life and how learning at all stages of life is

best achieved

thanks to advances in technology medicine social security and medicare old age for many americans is characterized by comfortable retirement good health and fulfilling relationships but there are also millions of people over 65 who struggle with poverty chronic illness unsafe housing social isolation and mistreatment by their caretakers what accounts for these disparities among older adults sociologist deborah carr s golden years draws insights from multiple disciplines to illuminate the complex ways that socioeconomic status race and gender shape the nearly every aspect of older adults lives by focusing on an often invisible group of vulnerable elders golden years reveals that disadvantages accumulate across the life course and can diminish the well being of many carr connects research in sociology psychology epidemiology gerontology and other fields to explore the well being of older adults on many indicators of physical health such as propensity for heart disease or cancer black seniors fare worse than whites due to lifetimes of exposure to stressors such as economic hardships and racial discrimination and diminished access to health care in terms of mental health carr finds that older women are at higher risk of depression and anxiety than men yet older men are especially vulnerable to suicide a result of complex factors including the rigid masculinity expectations placed on this generation of men carr finds that older adults physical and mental health are also closely associated with their social networks and the neighborhoods in which they live even though strong relationships with spouses families and friends can moderate some of the health declines associated with aging women and especially women of color are more likely than men to live alone and often cannot afford home health care services a combination that can be isolating and even fatal finally social inequalities affect the process of dying itself with the lingering impact of the great recession and escalating rates of obesity and opioid addictio

the population of older adults living longer and healthier lives is increasing as age increases the likelihood of single status increases without someone to offer peer intimacy loneliness becomes a factor for decreased well being research is needed to gain insight into later life romantic love and commitment to offer support for those seeking companionship love and intimacy to live more generative and robust later lives ameliorating the physical and emotional effects of loneliness women are more likely to be alone in late life and research is needed to explore experiences with the phenomenon of love in later life from their perspective this study employed a qualitative transcendental phenomenological methodology gathering data from interviews observations and documentation in order to provide an interpretive description of all the women in the study with the shared experience of love and commitment to a new partner in later life

this book explores the multifaceted experience of suffering in old age older adults suffer from a variety of causes such as illness loss and life disappointment to name a few suffering also occurs due to experiences related to one s gender ethnic background and religion although gerontological literature has equated suffering with depression grief pain and sadness elders themselves distinguished

suffering from these concepts and at the same time showed how they are linked narratives of suffering from community dwelling elders are interpreted in this book along with the personal meaning of suffering that lies within each narrative

winner of the 2021 excellence in research and scholarly activity award from the university of wisconsin milwaukee finalist for the 2021 american book fest best book awards aging is one of the most compelling issues today with record numbers of seniors over sixty five worldwide gray matters finding meaning in the stories of later life examines a diverse array of cultural works including films literature and even art that represent this time of life often made by people who are seniors themselves these works focusing on important topics such as housing memory loss and intimacy are analyzed in dialogue with recent research to explore how stories illuminate the dynamics of growing old by blending fact with imagination gray matters also incorporates the life experiences of seniors gathered from over two hundred in depth surveys with a range of questions on growing old not often included in other age studies works combining cultural texts gerontology research and observations from older adults will give all readers a fuller picture of the struggles and pleasures of aging and avoids over simplified representations of the process as all negative or positive

this book examines the social aspects of healthy ageing for older individuals it features more than 15 papers that explore the relevance of the social environment for health on the micro meso and macro level overall the book applies a comprehensive contextual approach that includes discussion of how family and friends neighborhoods nations and welfare regimes influence health the book first explores the issue on the individual level it looks at the importance of social capital for health among older people examines types of social networks and health among older americans as well as discusses dynamic social capital and mental health in late life next the book looks at the issue through a neighborhood and societal context which takes into account day to day interaction in the immediate environment as well as the social health and economic policies in place in different regions in the world including america europe asia and africa from there the book goes on to offer implications and recommendations for research and practice including the management of related concepts of research on well being and health it also offers a psychosocial approach to promoting social capital and mental health among older adults this book provides health professionals as well as researchers and students in gerontology sociology social policy psychology and social work with vital insights into the social factors that increase healthy life years and promote well being

even with baby boomers retiring and greater media and research attention being lavished on older people most gerontologists have studiously avoided examining romance among the elderly love stories of later life is an appealing and eye opening remedy to this neglect as leading gerontologist amanda smith barusch presents original research into what love and romance mean in seniors lives the result is a glimpse into a world many people didn t know existed that of romantic love in later life unlike superficial guidebooks that purport to help seniors find a new mate love stories of later life integrates theory and the latest research on love and the aging process drawing on a wealth of personal narratives collected during a landmark five year study the book presents the lived experiences of older adults from all walks of life it addresses the impact of common age related changes both emotional and physical on romantic relationships and argues that love continues to sculpt our personalities and our lives even in life s later decades each chapter includes practical tools for the serious student of love including exercises designed to increase self awareness and relationship building as well as annotated lists of suggested reading that are at once comprehensive and accessible barusch's fresh perspective engaging voice and in depth qualitative research make

love stories of later life an important contribution to the study of individual lives and the aging process this book will guide gerontologists social workers and counselors as they in turn help their older clients navigate love s challenges visit the author s website amanda barusch

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